

# EMPOWHER

EDITION 1

NEWSLETTER

JANUARY 2024



**STRONG & INDEPENDENT**  
Soroptimist International of Fayette County

✦ **Closing out 2023!** ✦

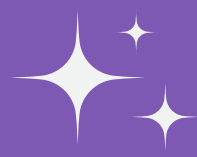
## National Wreaths Across America Day

On Saturday, December 16, 2023, 22 volunteers placed wreaths on veteran graves in the National Cemetery of the Alleghenies in Bridgeville, PA. Soroptimist Linda Shearer and the CAHS Patriots organized the trip. This marks the groups 13th year of participation and the second year of Soroptimist representation.



# Season of Giving

Thank you to Torra Robinson for coordinating the gift-giving from our members to 12 residents at Generations Elder Care in Uniontown. Residents were happy and grateful and our organization was proud to participate.



## This month's raffle...



Linda Shearer donated this 9\*11 Apple Pie Moonshine, signed by country singer Daryl Worley. Daryl wrote the song "Have We Forgotten," about the September 11th attacks along with Wynn Varble.

## Making An Impact

The Programs of Service Committee received a \$1,000 grant from Mid Penn Bank, utilizing it to launch "Transition Coaches" for foster care girls and to sustain their "Period Positive" program .



# Positive News

The Programs of Service Committee had a busy fall. Committee members collected and distributed feminine hygiene products to Fayette County schools. This is the ongoing endeavor of the committee's Period Positive Project. SI Fayette received several notes of appreciation from the schools.

The committee launched the "Transition Coaches" project, connecting with teenage girls in the Independent Living CYS program. Members met with the girls, decorated Christmas ornaments, and played Christmas Pictionary. Monthly meetings are planned to discuss requested topics.

In December, members wrote and delivered Christmas cards to care facility residents in Fayette County, receiving warm smiles and appreciation.



# Items Need for Medical Mission

Soroptimist sister, Chris Kaufman will be traveling on a medical mission to the Dominican Republic on March 9, 2024. This trip will be dedicated to the care of Haitians living there. Chris is collecting Tylenol, Motrin, Tums, and children's cough and cold meds. Generic brands will be fine. Please bring your donations to our January or February meeting.



## Member Spotlights

**Pamela Jean Dubell**



Pamela, a retired teacher and Soroptimist member since June 2018, values the sisterhood within our organization, finding inspiration from fellow members. During her free time, she enjoys reading and volunteering at the senior center. A morning person, Pamela emphasizes the importance of family and COFFEE! Her key to success is "being happy in what you do."



**Chris Kaufman**



Since 2018, Chris has been an active Soroptimist sister, drawn by the organization's commitment to making a positive impact on women and girls. As a registered nurse working towards her BSN, she envisions using her skills for a medical mission to the Dominican Republic - which is happening March 9, 2024! Outside of her nursing pursuits, Chris finds joy in crocheting and crafts.

# Julie Reagan hosts Zoom Fundraiser



On January 7, 2024, Julie hosted an engaging Zoom fundraiser for NAR, where she delved into the transformative world of X39 patches and their incredible benefits.

The virtual event drew a diverse group of attendees, and Julie shared insights into a groundbreaking patent approach—activating stem cells through light technology patches. What sets X39 apart is its all-natural composition—no drugs involved, working harmoniously with your body. Even Olympian athletes endorse these patches, emphasizing their adherence to a drug-free approach in their rigorous training.

For those eager to explore further, visit <http://thisisitinfo.com> for a wealth of information about LifeWave and X39. Julie shared personal anecdotes about the remarkable benefits she's experienced firsthand by incorporating these patches into her routine.

If you're ready to embark on a journey of well-being, text Julie at 724-208-2998. A percentage of sales will be donated to our club—a wonderful opportunity to support both your health and a great cause.

## Most Common benefits:

- Reduced pain and discomfort
- Enhanced sports performance
- Reduced inflammation
- Assists recovery from exercise
- Improved energy and vitality
- Helps improve skin appearance
- Supports the natural wound healing process
- Restores mental clarity
- Better sleep

# Message from SIA-NAR District IV Director

---



Happy New Year! I want to congratulate SI Fayette County for a very successful 2023. From starting the Period Positive Project and holding 2 successful Dream it Be it sessions in the Spring and the Fall, to Fundraising efforts such as the Club grant from SIA for our Dream it Be it programs, the Inspired Women grant for the Live Your Dream Program, the Mid-Penn Bank grant for our Period Positive/ Transition Coaches Program and doubling donations received during Fayette Gives.

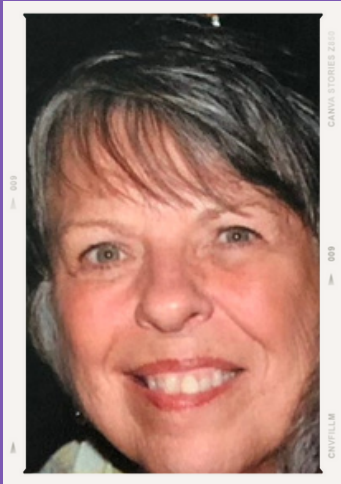
Members also were successful in soliciting individual sponsorships and community partnerships for many of our programs. The club also added 8 new members and received 15 Live Your Dream applications. The growth in SI Fayette County on all fronts is something each of you should be very proud of.

In 2024, there are many exciting opportunities to which you can look forward. The club's inaugural calendar party fundraiser, 2024 Live Dream Awards and the 2024 Spring Conference in Gettysburg, PA. I just returned from the North Atlantic Region Winter Board meeting in Wilkes Barre where we planned our 2024 Spring Conference. I hope you all plan to attend as there are many fun activities and learning opportunities in which to participate. This is also an election year and your delegates will be voting on your next NAR Board. I hope to see all of you there!

Cheers to a successful 2024!

*Lisa*

# Message from our President



I am thrilled to share with you the remarkable achievements and progress our club has witnessed over the past year. Our membership has experienced significant growth, reflecting the enthusiasm and dedication of individuals who share our passion and values.

Our success extends beyond our club walls, as our community outreach initiatives have flourished.

Through innovative ideas and their successful implementation, we've strengthened our ties with the local community, making a positive impact that resonates far and wide.

I commend each member for their active participation, contributing their time and energy to make our club thrive. Your commitment has not only elevated member engagement but has also enhanced the overall vibrancy of our community.

In the realm of club awareness, we've seen substantial strides. Our collective efforts have positioned us as a recognized and influential force within our local area. This heightened visibility has been instrumental in our membership, earning us recognition in 2023, an achievement that reflects the dedication and excellence of our entire community.

As we step into the new year, let us continue to support and uplift each other. I look forward to exploring new and creative fundraising opportunities, community partnerships, and additional grant opportunities. Together in Unity. We are Soroptimist of Fayette County! Thank you all for your commitment!

*Catherine*

